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BALCONY MEMBERS, FAMILIES AND FRIENDS WALK TO STOP DIABETES!

New Yorkers Make Every Step Count as Part of the Stop Diabetes Movement

New York, NY, (September, 2014) - On Saturday, October 11th thousands of people across the Greater New York area will come together to Stop Diabetes® for the nearly 29.1 million American children and adults with diabetes and their families, friends, colleagues and caregivers.

In New York and across the country, the American Diabetes Association will hold its Step Out: Walk to Stop Diabetes events to raise awareness for diabetes and fundraise for a cure. Proceeds benefit the Association, which funds diabetes research, delivers services to hundreds of communities, and gives voice to those denied their rights because of diabetes.

The Business and Labor Coalition of New York (BALCONY) will have a NYC Step Out fundraising walk team joining on Saturday, October 11th at

Pier 84 (44th Street and 12th Avenue)

A registration link for BALCONY members is listed below, or on site registration opens at **8 am**, and the walk starts at **10 am**. After the walk at both events, stay tuned for live music, refreshments, dancing, inspiring stories from Red Striders, or persons living with diabetes, and a wellness village with free health screenings.

BALCONY members register here at this private site:
[TeamBalcony](#)

Walking is one of the best forms of exercise for people with diabetes and helps to control glucose levels; and Step Out: Walk to Stop Diabetes provides an opportunity for people to come together for a fun, healthy activity. To volunteer or more information, visit www.diabetes.org/nycstepout or call 212.725.4925.



Team Up!

Teams come in all sizes and from different backgrounds. Whether you gather your friends, family, coworkers or classmates, you can team up to Stop Diabetes!

The American Diabetes Association is leading the fight to Stop Diabetes and its deadly consequences and fighting for those affected by diabetes. The Association funds research to prevent, cure and manage diabetes; delivers services to hundreds of communities; provides objective and credible information; and gives voice to those denied their rights because of diabetes. Founded in 1940, ADA's mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. For more information please call the American Diabetes Association at 1-800-DIABETES (1-800-342-2383) or visit www.diabetes.org. Information from both these sources is available in [English](#) and

[Spanish](#).

WHY DO YOU WALK?



Share your story on your fundraising page!

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